Making the Most of your Graduate School Experience

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Navigating Graduate School

- Understand program requirements and research project early
  - Funding, Program duties, Course work
- Build a good working relationship with your research advisor
- Establish a committee as soon as possible
- Manage your time and set completion goals
- Graduate School is not a 9-5
Strategies to help you Succeed

- Self Confidence
- Identify a support system-Mentor
- Teach yourself
  - Read manuscripts, Attend conferences
- Learn from your lab group
- Get involved in extracurricular activities
- Reward yourself